## A home visitor can help get your family off to a winning start.

Pregnancy and parenting can seem like a game without any instructions. But if you put a home visitor on your team, you'll have a partner to support and guide you. A home visitor is a trained professional who will come to your home for free, scheduled visits. Telehealth visits are also available.

## They can provide:

- Help and support for pregnancy and parenting
- Parenting information
- Information on topics such as:
  - + Child growth and development
  - + School readiness
  - Improving health for parents and children
  - + Access to community services and support

Find out more about home visits at **Michigan.gov/HomeVisiting** 



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